Developing A Seniors and Dementia Plan for the Toronto Central LHIN

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Purpose of Today’s Presentation & Discussion

- Provide Context to the Issues of Ageing in Toronto and Ontario

- Provide an overview of the emerging **Toronto Central LHIN Seniors Plan**, including its specific focus on dementia

- Outline proposed work, metrics and enablers for 2018/19

- Begin a dialogue on how we can collaborate and align this plan with other related activities using a real Case Study of a TC-LHIN Client and his Circle of Care.

- Identify other opportunities and enablers
Nationally, Provincially, and Locally We Are an Ageing Society…

- In Toronto Central LHIN, **seniors aged 65 years or older** made up 13.1% of the overall population.
- Of these seniors, in Toronto Central LHIN **34.0% of them live alone**, while in Ontario 24.4% live alone.

The Population of seniors has grown in every age category between 2011 and 2016 in the Toronto Central LHIN those:
- aged 65 and over **grew 15%**,
- aged 65-74 **grew 23%**,
- and aged 75 and older **grew 6%**.

![Image of statistics showing population growth](image)
Toronto’s Demographic Imperative

Population Change (2001-2011) in Older Adult Population 55+

Adults 55+ in 2001: 559,090
Adults 55+ in 2011: 680,945
10-year Change: +22%

Source: Statistics Canada, 2011 Census
Prepared by: Social Policy, Analysis & Research Unit, Social Development, Finance & Administration
Population Growth Forecast

*Toronto must be ready to address the growing number of diverse older adults.*

The number of older adults is forecasted to grow by up to 60% in the next 20 years.

Source: Hemson Consulting Ltd. 2012
Older Torontonians Have Diverse Needs

Examples...

Over 114,000 families with at least one member 65 years or older have low incomes – which increases the risk of elder abuse.

54% of adults 65 years or older have an activity limitation or disability – how aware and sensitive are we to these needs?

37% of adults 55 years or older speak a non-official language – how will this influence our ability to communicate effectively.

10% of adults 65 years or older have dementia, and this rises to 1/3 above 85+ – how aware and sensitive are we to their needs?
How Ready Are We?
We have an opportunity to enhance the care of seniors living in the Toronto Central LHIN through connecting the many seniors-focused initiatives as part of one cohesive plan with one common goal.
Toronto Central LHIN Annual Funding in Seniors Care 17/18

Specialized Geriatric Services (RGP)  
$9,827,383

Assess & Restore Initiatives  
$1,040,300

Home & Community Senior Services and Seniors Integrated Care Team  
$102,000,000

Total Base Funding for Senior Services:  
$194,348,978

BSO (LTCH & Community Outreach Services)  
$5,273,430**

CNAP Network – 28 Agencies*  
$75,676,865

Alzheimer’s Society of Toronto  
One-Time: $182,000

Senior Mental Health & Addictions Crisis Services  
One-Time: $350,000

* See Appendix for list of CNAP agencies  
**Original Base funding of $4,379,817 plus an additional base investment in 2017/18 of $893,613

Data source(s): MSAA LHIN Base Allocation Funding FY 2017/18
Developing a TC-LHIN Seniors Plan

Toronto Central LHIN’s Senior Plan is being built around four themed pillars:

1. Enhancing Active Ageing, Wellness & Prevention

2. Enhancing and Integrating Services that Support Seniors in their Communities

3. Streamlining and Improving Timely Access to Specialist Services for Seniors

4. Advancing Dementia Awareness, Prevention, Support & Care for both Clients and Caregivers
1. Enhancing Active Ageing, Wellness & Prevention

Strategic Goals:

- More seniors are able to access health and non-health services, education and tools/resources more easily within their communities.
- More seniors and seniors-at-risk are being supported with preventative health services like free vaccinations and exercise and falls prevention programs.
- Less seniors will experience feelings of social isolation within their communities.

Planned Work for 18/19:

- Work with TC-LHIN partners to increase Vaccination Rates, Engagement with SALCs, Exercise Classes, Toronto Ride etc.
- Develop Improved Information and Referral Systems.
- Refine Local Asset Maps to support the Better Matching of Demands with Service Capacity and Better Leverage Technology to Support Self Navigation.
2. Enhancing & Integrating Services that Support Seniors in their Communities

Strategic Goals:

- More consistent standards and levels of care are being provided and made available to seniors across all care settings
- More TC-LHIN home care services can be provided inter-professionally in a more neighbourhood and population-based way
- More TC-LHIN funded care will better reflect the need of current and future residents

Planned Work for 18/19:

- Establish common standards for geriatric medicine services, adult day programs other senior services – for implementation in 19/20
- Support the TC-LHIN home and community care division with the creation of a functional neighbourhood care team delivery model
- Planning new LTC investments – to reflect needs of current and future residents
3. Streamlining and Improving Timely Access to Specialist Services for Seniors

Strategic Goals:

- More capacity to provide specialist services for seniors will exist within the TC-LHIN
- More seniors and caregivers will have equitable and timely access and appropriate transitions to specialized services and care

Planned Work for 18/19:

- Enhance Alignment with SCOPE, SPIN, TIP and other TC-LHIN initiatives to enhance specialist access in primary care
- Develop TC-LHIN Home-Based Primary Care Strategy
- Complete Specialized Geriatric Services Alignment ie Geriatric Medicine Clinics, Day Hospital and Outreach Team Services (with RGP)
- Align with Dementia Plan work to Improve Access to Care and Supports
4. Advancing Dementia Awareness, Prevention, Support & Care

**Strategic Goals:**

- More seniors with dementia will get timely access to diagnosis and management support
- More community dwelling seniors with dementia and behavioural issues can access community-based behavioural support services
- More caregivers of seniors with dementia will get access to TC-LHIN funded supports and services

**Planned Work for 18/19:**

- Develop and launch a comprehensive TC-LHIN Dementia Plan
- Leverage New TC-LHIN Dementia Investments for 18/19 to improve access to care for those living with dementia
- Leverage assets of our partners (TAHSN Dementia Research Alliance, AST, Woodgreen, Baycrest etc.) to improve access to care
Examples of Proposed Metrics

- % of seniors receiving an influenza/pneumococcal vaccination
- TC-LHIN ED Visits due to falls in TC-LHIN Seniors
- Number of TC-LHIN Seniors participating in Exercise and Falls Prevention Programs
- Number of rides provided by Toronto Ride to TC-LHIN Seniors
- % of seniors who are readmitted to a TC-LHIN hospital within 30 days of being discharged from hospital
- Number of TC-LHIN Physicians *providing* and Seniors *receiving* longitudinal home-based primary care
- Number of Seniors being seen by TC-LHIN Geriatricians and Geriatric Psychiatrists (TC-LHIN vs non-TC-LHIN breakdown)
- Unscheduled ED Visits and Hospitalizations per 1000 TC-LHIN Residents 75+ for Dementia
- Number of New Seniors served by TC-LHIN Community Behavioural Support Outreach Teams
- % of TC-LHIN Home Care Program Primary Caregivers reporting experiencing feelings of distress and/or being unable to continue in caring activities
This is Our Time To Lead
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<tr>
<th>Next Steps</th>
<th>Timelines</th>
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<tr>
<td>1. Continued engagement of partners and stakeholders to help refine focus,</td>
<td>Early September 2018</td>
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<td>initiatives, scope and align work etc.</td>
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<td>2. Confirm priority initiatives and create “Scope of Work” documentation</td>
<td>Late September 2018</td>
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<td>for each</td>
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<td>3. Work to commence according to defined work plans &amp; project timelines</td>
<td>October/November 2018</td>
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