10 Recommendations

The sfCare Getting Started Toolkit is based on 10 recommendations which were developed from the sfCare Framework’s 31 statements. These recommendations are comprehensive, action-based statements, which create the foundation for the sfCare Self-Assessment Tool and the Implementation Resources (pages 17-29 of the Getting Started Toolkit).

The 10 Recommendations

1. Commitments to the sfCare framework are included in the organization’s strategic plan, operating plan, and/or corporate goals and objectives.

2. Guiding documents (such as polices, standards, procedures, guidelines, care pathways etc.) reflect senior friendly values and principles; promote older adult's health, autonomy, dignity and participation in care; and ensure that an older adult will not be denied access to care or the opportunity to participate in research based solely on their age.

3. Education and/or training is provided to all staff on senior friendly topics.

4. Care delivery partners from all sectors have been identified, and collaborative processes exist to ensure information sharing and seamless transitions for older adults across the healthcare continuum.

5. Interprofessional assessment and care is guided by evidence-informed practice to optimize the physical, psychological, functional, and social abilities of older adults.

6. The older adult/caregivers are provided with information to let them know what to expect in their care, help them make decisions, and better self-manage their conditions.

7. The care plan, goals, and expected results of care are developed in collaboration with all members of the care team and the older adult/caregivers and aligned with the older adult’s preferences.

8. A system is in place to measure the experience and outcomes of older adults and make improvements based on the results.

9. An approach is in place to support care providers and the older adult/caregivers in challenging ethical situations.

10. Structures, spaces, equipment, and furnishings provide an environment that minimizes the vulnerabilities of older adults and promotes safety, comfort, functional independence and well-being.

Legend: Coloured numbers correspond with the sfCare Framework domains: