Build a Behaviour Support Resource Team

**Purpose:** The purpose of this workshop is to assist staff and management in Long Term Care Homes (LTCHs) to develop an in-house Behaviour Support Resource Team (BSRT). This team will serve as a peer resource on responsive behaviours across the organization. It will help optimize the contribution of your internal and external psychogeriatric resources and facilitate the creation of routine Behavioural Support Rounds attended by both regulated and unregulated providers.

**Who should attend the workshop?** Participants from each LTCH should include administrator, staff who already have psychogeriatric training (e.g. P.I.E.C.E.S, U-First, GPA), and other staff who are natural opinion leaders in your organization with an interest in non-pharmacological approaches to managing challenging responsive behaviours. It is highly recommended that participants include both regulated and unregulated care providers. LTCHs are encouraged to identify 3-6 staff members in building their BSRT.

Each workshop is designed to train BSRTs from 6 LTC Homes.

**How were the BSRT learning objectives identified?** Our team of Psychogeriatric Resource Consultants (PRCs) in Toronto, who help LTCH staff build their capacity to care for challenging responsive behaviours, have found that a BSRT optimize care. A structured learning needs survey based on the Behavioural Education and Training Supports Inventory (BETSI), identified the value and need for BSRT. A regional consensus building process and workshop evaluations confirmed the value of the BSRT approach.

**What teaching and learning methods will be used during the workshop?**

The workshop will include a series of lectures, small and large group structured discussion, interactive design exercises and case based simulation.

**Learning Objectives:**

By the end of the session, participants will be able to

1. Identify responsive behaviours likely to benefit from BSRT intervention

2. Identify the internal and external human resources who will contribute to the work of the BSRT.

3. Develop a BSRT process design for their organization that includes communications, referrals, decision-making and intervention processes regarding behaviour management.

4. Test and refine their BSRT process design in a simulated case-based exercise and large group discussion.