

## Tips to avoid common PPE slips:



### PPE protocol step: **Remove all personal items**

#### Tip to avoid common PPE slip:

- Never enter a patient room with removable personal items.



### PPE protocol step: **Perform hand hygiene**

#### Tip to avoid common PPE slip:

- Always include your wrists in your hand hygiene practice.



### PPE protocol step: **Apply surgical mask**

#### Tip to avoid common PPE slip:

- Always perform hand hygiene before and after touching your mask.



### PPE protocol step: **Apply the N95 mask**

#### Tips to avoid common PPE slips:

- Do not cross the N95 straps. Crossing the N95 straps is not acceptable for protection.
- Always remove your gloves before performing a seal check. Gloves can affect your sensitivity to detect the fit of the seal.
- Routinely re-check your mask seal. After multiple hours of wear, the mask seal can become loose.
- Always perform hand hygiene before and after touching your mask, such as when re-checking your mask seal.



### PPE protocol step: **Put on protective gown**

#### Tip to avoid common PPE slip:

- Do not pull the disposable gown too tight, as this may result in the protective seal being broken at the wrist area or the gown ripping as there is not enough flexibility when people lean forward.



### PPE protocol step: **Communicate that you are ready to doff with your spotter**

#### Tip to avoid common PPE slip:

- Despite being tired and hot at the end of a procedure, avoid the urge to immediately step out of the room and remove equipment, as this will lead to contamination.



### PPE protocol step: **Remove gloves using glove-to-glove, skin-to-skin technique**

#### Tip to avoid common PPE slip:

- Follow the proper glove-to-glove, skin-to-skin technique to avoid common contamination when removing gloves.



### PPE protocol step: **Perform hand hygiene after opening a door**

#### Tip to avoid common PPE slip:

- Always perform hand hygiene after leaving a room as there is a risk of transmission by fomites on the door handles and related surfaces.



### PPE protocol step: **Remove surgical mask**

#### Tip to avoid common PPE slip:

- Removing top ties before bottom ties. This will cause the mask to fall and the contaminated outside to touch your skin.



### PPE protocol step: **Remove N95 mask**

#### Tip to avoid common PPE slip:

- Always remove the bottom strap before the top strap. Removing the top strap first can cause the mask to fall and the contaminated outside to touch your skin.