

Meeting the Need for Connection by Enhancing Positive Interactions

PRCP Webinar Series

Goals for today

- Identify a Person's basic human need for connection
- Discuss main principles of pro attention plans
- Explore strategies to enhance communication



Getting to know you

4 P's

- The 4P's is a framework that reminds us of the 4 main areas on which we should focus when addressing a person's need for connection
 - Pain
 - Personal Care
 - Positioning
 - Presentation



Pain



Ask both closed and open ended questions



Various ways to assess pain

Personal Care

- Consider the need for personal care
 - Toileting
 - Hunger/thirst
 - Clothing
 - Temperature



Positioning

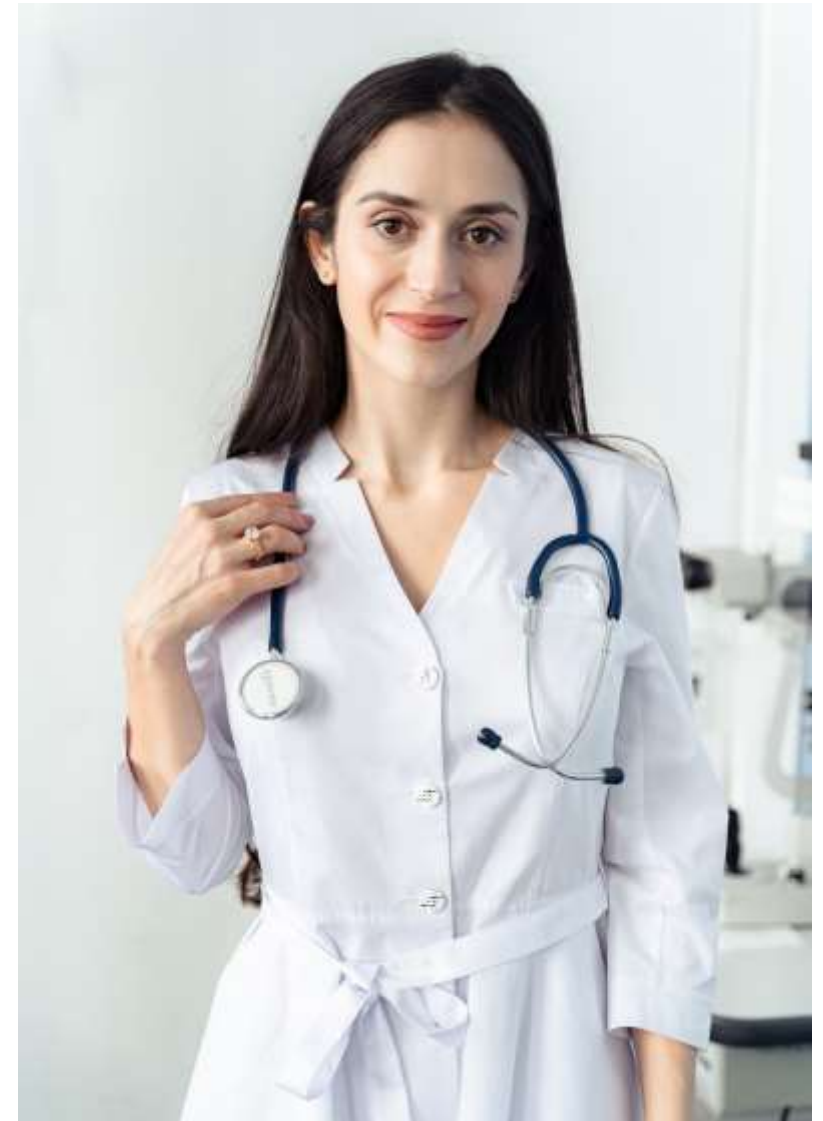
- Rearrange pillows
- Position in chair/bed
- Offer extra blankets
- Change angles in bed or chair
- Location – can they see a window, door, clock, TV

Presentation

- Have items within reach
 - Call bell
 - Bed side table with important items
 - Glass of water/snacks
 - Mobility aids
- Remove unnecessary clutter
- Lighting (curtains open or closed)
- Comfortable/familiar environment

Enhancing Positive Connections

- Consider non-verbal communication
 - Body language
 - Tone of voice
 - Facial expressions
 - Posture/stance
- Clear and positive introduction
- Validation communication





Thank you for supporting
Persons living with
dementia and for the
important work that you do!

Thank you



WAS THIS HELPFUL?



ARE THERE OTHER TOPICS
YOU WOULD LIKE TO SEE?

References

- Sequeira, J., personal communication, November 24, 2021.